Trinity Health is committed to sharing the latest information about the Coronavirus. We continue working to keep our staff, patients, families, and community safe. For visitor restrictions and more information on how we are preparing, please visit trinityhealth.org/coronavirus.

INSIDE THIS ISSUE

Trinity Health Visitation Restrictions
New Director of Clinic Nursing
Hearing with Masks
Trinity Health Thanks You
Telehealth Available for Behavioral Health Patients
Hearts Fun Run June 20
Trinity Health Foundation
Kids at Home During COVID-19
Radiologic Technology Graduation
Hearts Club Golf Scramble a Success
Radiolologic Technology Graduation
Kids at Home During COVID-19
Charitable Trust Funding for Trinity Health Receives Helmsley Velva Providers turn to Telehealth
Hearts Club Golf Scramble a Success
Radiolologic Technology Graduation
Hearts Club Golf Scramble a Success
Radiolologic Technology Graduation
Hearts Club Golf Scramble a Success
Telehealth Available for Behavioral Health Patients
Trinity Health Thanks You
New Director of Clinic Nursing
Hearing with Masks
Trinity Health Visitation Restrictions

Heath Talk

CancerCare Pharmacy Meets New Safety Standards

Trinity Health staff who have any involvement in handling hazardous pharmaceuticals have been trained even more protected these days. Trinity Health is proud to be among a small but growing number of health systems that have complied with new U.S. Pharmacopeia (USP) guidelines. The guidelines regulate the handling of hazardous drugs such as chemotherapy agents. Carolyn Boddell, R.Ph., pharmacy oncology specialist, says the new standards, known as USP 800 guidelines, strengthen previous USP protocols governing the handling of hazardous drugs. What’s new is that health systems now must consider the safety of everyone up and down the supply chain.

“The USP 800 standards are designed to protect anyone who has contact with hazardous medications, from material handlers and environmental employees, to pharmacy staff, nurses, providers, patients, and even visitors to our facilities,” Boddell said.

A hazardous drug is any drug that can cause physical changes to the human body. According to Boddell, they come in three main groups or categories:

Group 1: Antineoplastic drugs a.k.a. cancer chemotherapy drugs

Group 2: Non-antineoplastic drugs that meet one or more of the National Institute for Occupational Safety and Health criteria for a hazardous drug

Group 3: Drugs that primarily pose a reproductive risk to men and women who are actively trying to conceive or pose a risk to women who are pregnant or breastfeeding

Trinity’s CancerCare Pharmacy, located in Health Center – Town & Country, has a staff of six pharmacists and three technicians who compound (mix), process, and deliver hazardous drugs and other medicines for cancer patients, all the while ensuring the “five rights” of medication administration are correct: the right patient, the right drug, the right dose, the right route, and the right time.

Their workspace befits a science fiction movie, with environmentally controlled “clean” rooms maintained under negative pressure so no particles escape to need work areas for compounding, buffering rooms, and clinicians decked out in protective gear. Yet these strict standards have now been made even more robust under the new guidelines. During a three-month period or so, the pharmacy was upgraded with additional safeguards.

“We added a negative pressure receiving area,” Boddell said. “Now, all drug supplies are delivered to the negative pressure room, where we unpack and clean every item before it’s brought into the pharmacy.”

The remodel also tightened up ventilation standards in the compounding room. The standards involve specific engineering requirements designed to help contain hazardous drug “shedding” and protect workers. For example, air exchange systems must be externally vented with a minimum number of air changes per hour.

But not all changes have occurred inside the pharmacy. Many address the supply chain that Boddell referred, with protocols for wearing personal protective equipment when administering hazardous drugs, including gowns, head and shoe coverings, and double-gloving, wearing special garb when cleaning contact areas; and the use of protective medical equipment to prevent unintentional drips during drug administration. Hazardous drugs pose risks from the moment they are shipped to the point of disposal, which is why using best practices is important.

“It’s exciting to have more space and practices is important. More importantly, staff doesn’t have to worry. One of the steps we’ve taken is to establish our clinical surveillance by establishing a baseline historical for each employee and reviewing it every three years. Many of our employees are pregnancy age. It’s good that they can feel safe.”

New Clinic Space Enhances Safe Access to Care

Trinity Health has converted available space in southeast Minot into a clinic to specifically treat respiratory symptoms. With the additional clinical space, patients with other illnesses and injuries who need care right away can once again be seen at Trinity Health’s FirstCare clinic.

Patients who need to be tested for COVID-19 or seen right away can once again be seen at Trinity Health’s FirstCare clinic. Medical staff will ask screening questions over the phone. Patients with non-respiratory symptoms are seen at Trinity Health’s FirstCare clinic at Health Center – Medical Arts, and patients with respiratory symptoms are seen in the newly created clinic space at Trinity Health East Ridge. Testing is scheduled at a separate drive-through testing site.

“Trinity Health has planned environments of care for all patients,” said Randy Schwun, Vice President. “We carefully screen for symptoms and refer patients for appropriate onsite or virtual (telehealth) treatment. Whether a patient needs testing for COVID-19, a clinic visit, or a video visit, we have the designated staff and setting for safe care. Please don’t hesitate to call 701-857-7817 and we will get you the services you need.”
Visitation Restrictions
Trinity Health

All visitation is suspended with very few exceptions. Visitors to the main hospital campus, Trinity Hospital, 1 Burdick Expressway W, are encouraged to use the south entrance.

All entrances to Trinity Hospital – St. Joseph’s, 407 3rd Street SE, are locked except for the main (west) entrance.

Visitors who fall within an exception category will be required to undergo a screening upon entering either hospital. Anyone showing signs of respiratory infection will not be allowed to enter. Visitors under the age of 15 will not be permitted.

Exception categories include visits to the following hospital departments:
- Pediatric Unit – limit one parent or legal guardian
- Family Birth Center – limit one support person
- Newborn Intensive Care Unit (NICU) – limit two parents who must remain in the room for duration of the visit
- End-of-life – no more than three visitors at a time who must remain in the room for duration of the visit
- Patients undergoing surgery or procedures – one support person before and immediately after procedure
- Patients requiring a home caregiver to be trained – must remain in the room for duration of the visit.

Trinity Homes

Visitation is restricted to residents receiving end-of-life care. Immediate family members only. No other visitors will be allowed. No visitors under the age of 18 will be permitted, and no pets will be permitted.

All visitors must wear a mask at all times, perform frequent hand hygiene, and restrict visitation to their family member’s room. Social distancing should be practiced, including keeping a distance of at least six feet apart, no hugging, hand shaking, or contact with residents.

Clinics

Trinity Health is restricting entry to all of its patient care facilities, including outlying clinics. Access to clinic buildings in Minot and at Trinity’s rural health clinics will be limited to a single-entry point. Patients and those accompanying them will be screened as they enter for respiratory illness and travel.

The majority of visitors accompanying patients will be restricted from entry with a few exceptions, including a caregiver providing wheelchair transport, a power-of-attorney representative, and a parent accompanying a minor child.


Release of Information

Early in April, Release of Information discontinued walk-in service at its Trinity Hospital—St. Joseph’s office until further notice. Please do not send any patients there to pick up medical records. Release of Information staff will continue to be available by phone or e-mail to assist in obtaining medical records. People may call the office at 701-857-5390 or e-mail at Trinity.RO@trinityhealth.org during regular business hours: 8:00 a.m. to 5:00 p.m., Monday through Friday.

Business Services

Trinity Health Business Services has discontinued walk-in service at its Town & Country Center office.

Business Services staff will continue to be available by phone to assist customers and accept payments. Persons may call the office at 701-857-5105 during regular business hours – 8:00 a.m. to 5:00 p.m., Monday through Friday. People with matters that cannot be handled by phone may be scheduled for an appointment with a financial counselor. Patients will be screened for respiratory symptoms upon arrival. Appointments will be rescheduled if the patient or representative is symptomatic.

New Director of Clinic Nursing

Christi Keller, RN, MSN, has been promoted to Director of Clinic Nursing.

A nurse for 25 years, Christi has worked in Idaho, Nevada, and in North Dakota. She served as Nurse Manager for several of Trinity Health’s clinics, including its rural community clinics, for six years. Prior to that, she worked in other areas at Trinity Health, including ICU, Clinical Informatics, Infection Control, and the Trauma program.

“Christi brings her expertise in clinic nursing, as well as her positive attitude and passion for taking care of patient needs, to our organization,” said Lana Brandt, who served as director prior to her retirement.

Christi is a Minot native and is married with two children.

KeyCare Medical

701-857-7370   800-598-1207
- Durable Medical Equipment (DME)
- Home Medical Equipment
- Home Respiratory Care

24-Hour-On-Call Respiratory Service

Minot, ND 58701  Toll-free in ND: 800-247-1316

Toll free in ND: 800-247-1316

Don’t have insurance? Call to verify your insurance status.
701-857-0602

Ask your provider about scheduling a video visit.
trinityhealth.org/telehealth

Visit our website:
trinityhealth.org
Join us on Facebook:
facebook.com/TrinityHealthND
Hearing with Masks
While face masks can help protect a person - and help protect others – from Coronavirus, they do present a problem for those who are living with hearing loss. Sixty million Americans have some degree of hearing loss, ranging from mild trouble to severe loss or deafness in one or both ears. Visual cues, such as reading lips, helps those with hearing loss understand speech; wearing a mask can put a stop to this, as well as muffling a person's speech, thus rendering someone with hearing loss unable to understand a person who is speaking.

For people with hearing loss, wear your hearing aids and do not bluff and nod to pretend you understood something if you did not, she said.

Nechodom also recommended speech-to-text apps available through Smartphones or tablets, where a person can use the app to capture speech, which is then dictated back in text. Zoom meetings and other platforms of video conferencing also have the capabilities of enabling closed captioning.

“Rather, ask the person to repeat or rephrase what they said,” Nechodom said, noting that asking “How can I best communicate with you?” can help the person focused on the listener.

For those who are seeking behavioral health services through Trinity Health can rest easy, as modern technology – telehealth – has helped to address those issues.

The impact of the COVID-19 pandemic has undoubtedly caused strife in people’s lives. Routines are being disrupted. Limitations have been set. There is fear, panic, and anxiety.

“While exercising social distancing guidelines – being six feet apart – it is important to get as close as possible when conversing,” she said. “The farther we get away from someone, the quieter a person’s voice gets.” Additionally, a lot of people try to talk louder and project. “Some of the best things we can do is to slow down and use clear speech and not try to unnaturally project our voices.”

For people with hearing loss, wear your hearing aids and do not bluff and nod to pretend you understood something if you did not, she said. Rather, ask the person to repeat or rephrase what was said and work at listening. 

DAISY Winner

Rose Enney, RN, from RehabCare at Trinity Hospital – St. Joseph’s, was a recent recipient of the DAISY Award.
In Recognition and Thanks from the Foundation

The Trinity Health Foundation is proud to list the names of individuals, organizations, and businesses whose gifts were received from January 1, 2020, to March 31, 2020. These contributions illustrate a generous and caring community, striving to bring the highest quality care to those we serve. We want to thank these contributors for their generous support of Trinity Health’s mission: “To excel at meeting the needs of the whole person through the provision of quality healthcare and health related services.” For more information on honoring the memory of a loved one through philanthropic giving, contact the Trinity Health Foundation at 701-857-5432.

In Recognition and Thanks from the Foundation

BIRTH CENTER
North Dakota Soybean Council
CANCERCARE CENTER
Arnold Caru閒e
Carmen Fricke
Cheryl Vedvig
Cindy Yal
Delitae Schmit
First International Bank & Trust
Jeanne Artz
Jim Grote
John Groves
Lorraine Hansen
Malcom Lang
Barbara Goestro
Minot Knitters
Pack Rats
Rhonda Zipin
Sandra Nansens
Zion Lutheran Church
In memory of Audrey Sidener
Angel & Pat Lavachek
Carol & Dwight Ovat
Cassie & Jason Loard
Tracy Christensen
Danny & JoLea Fsett
In memory of Patrick Tallman
Brenda & Randy Henne
C. J. & Janice Kay Owless
Joan Mielowin
Laurence & Cynthia Clowcomb
Lea & Carmel Wieland
In memory of Ruben Olben
Melba Mogren
In memory of Scott Vgested
Brian Manson
Chad & Kristin Wolsky
Deo & Carl Lougheed
Kathy & John Heibert
Kelly Betz
Kristen Strittmater
Minot High School - Magic City Campus
Minot Y's Men Indoor Rodeo
Rita Streifel
Thelma Finneseth
Western Agency Inc.
In memory of Sharon Aunerred
Adeline Newman
Dannah Karoth
Lila & Chet Reich
In memory of Wally Garbe
Ridgwood Condominium Association
CANCERCARE CENTER
ENDOWMENT
In memory of Greg Bierschbach
Shane & Tara Jordan
In memory of Scott Vgested
Shane & Tara Jordan
CANCERCARE COTTAGE
In memory of Audrey Sidener
Rodina & Joann Stevens
Wesley & Marlene Testott
In memory of Grantly Johnson
John & Phyllis Elvedin
In memory of John Haugen
Lyn & Judy Stevens
In memory of Kathleen Brockey
Lyn & Judy Stevens
In memory of Merle Routledge
Mary & Lyke Lavachek
CANCERCARE PATIENT ASSISTANCE FUND
Matt Water
Midco
Minot Town & Country Investors Preferred Restaurant Group, Inc.
Richard Thorsen
Rockstar Estate & Lineest Inc.
TEG Architects LLC
The Wellington Independent & Assisted Living University of North Dakota Vaaler Insurance, Inc./HCIS Walt World William & Betty Niemann Wingate by Wyndham
In memory of Diane Austin
Randal & Deborah Austin
In memory of Greg Bierschbach
Amanda Kopp
Katherine Kopp
In memory of Pablo Chavez, Jr.
Rosalyn Alvarado
In memory of Sharon Aunerred
Sharon Rollman
CARDIOPULMONARY
Bremer Bank
Clevettes & Associates
Rogeege, M.
In memory of Carmel Tomy
Tymoor & Snadow
In memory of Delia, Johnson
Cassandra Harmo
In memory of Julie DeSaye
Greg DeSaye
In memory of Justin & Phyllis
Steve & Chris Lauer
In memory of Madonna Harmon
Cassandra Harmo
In memory of Mary Lestebro
LeRoy Lester
CHILDREN'S FUND
701 Realty, Inc.
Allie's Friends Foundation
Kay Jeffer
Starlight Children's Foundation
Tammy Green
DIABETES PROGRAM
Denis Madrid
FUEL THE FIGHT
VFW Auxiliary Post 1888
Walt Disney World
GOLF FOR LIFE GOLFOURNAMENT
Digital Technology, Inc.
Rockstar Real Estate Inc.
TEG Architects LLC
University of North Dakota Vaaler Insurance, Inc.,/HCIS
HEARING SCREENER
Sue Brusseau
Andrea Block
Betty & Dean Cemest
Carlson
In memory of Krism Ann
Kim Kabanuck
Kim & Bryan Smith
Kim & Jay Kean
Kim & Diane Mcnally
Kimberly & Kevin Grove
In memory of Kris Ann
Kim Kabanuck
Kim & Bryan Smith
Kim & Jay Kean
Kim & Diane Mcnally
Kimberly & Kevin Grove
COVID-19 Doesn’t Cancel Commencement

The Trinity Health Radiologic Technology Program recently graduated its newest class, despite the pandemic. In a private graduation ceremony on April 24, five students – Krista Andrassy, Paige Brodehl, Sydney Hall, Caley Nelson, and Emily Overby – received their certificates of completion from the clinical program while wearing masks.

“We are so proud of our students and the fine technologists they have become,” said Michelle Bratton, JD, R.T.(R)(MR), program director and education coordinator with the Trinity Health Radiologic Technology Program. “All will be taking the ARRT registry in the near future, but due to the COVID-19 situation they are not yet scheduled for the exam because of related closures of the ARRT and testing centers.”

While Overby will continue on to Radiation Therapy school in August, the remaining graduates are actively seeking employment as radiographers.

Foundation continued from page 4

In memory of Marian Getes
Gerald & Sharon Radebaugh

In memory of Mary Ellen Duppong
Ellen Wittman

In memory of Mary Olson
Kathy Jensen

In memory of Mavis Netzloff
Sheryl Weiler

In memory of Robert Frantsvog
Opal Thompson

In memory of Rodger Denny
John & Kathleen Henjum

In memory of Ruth Zapalac
John Treshanksy

In memory of Valerie Hecht
Ruth Ann & Butch Resne

KENHARE COMMUNITY HOSPITAL and CLINIC
Computershare Trust Company of Canada

Petro-Hunt, L.L.C.

Sunspe Partners Marketing & Terminals LP
University of North Dakota

KIDNEY DIALYSIS UNIT
In memory of Sharon Ulbergs Agnes Brandt

MENTAL/BEHAVIORAL HEALTH
The Phase Foundation

In memory of Rodney Andresen
Lila & Chet Reich

NURSING SCHOLARSHIP ENDOWMENT
Investors Management & Marketing, Inc.
Joan & Bill Lanners

Lucille Buell
Norma Anfinson
Robert & Janell Gorder
Rose Burns
Sharon Rollman

In memory of Archie Kress
Niki & Dale Roed

In memory of Beulah Saunders
Marilyn Rostad

In memory of Beverly & Myron Bjerleun
Judith Deaver

In memory of Edward Kendall
Troy Kendell

In memory of Jean Whitnell
Stanley Whitnell

In memory of Joan Christianson
Ellis Christianson

In memory of Joyce Maliny
Harold Uhlich Family

In memory of June Vix
Lynne Wagner

Ruth Ann & Butch Resne

Sherry & Gary Leslie

In memory of Lester Johnson
Marian Johnson

In memory of Lvgudaria Schwan
Brenda Lokken

In memory of Michael Schwan
Brenda Lokken

In memory of Mona Skar
Sharon Rollman

In memory of Pauline Schweitzer
Agnes Brandt

In memory of Todd Strehle
Patrick & Kathy Strehle

In memory of Wendy Bentz
 Eldora Bentz

PASTORAL CARE
Connie Hagen

In memory of Stormy Taylor
Tammy Taylor-Snode

STOP THE BLEED
Kent Wurgler

Matthew & Heather Martin

Roland Schmidt

Steven & Sally Huizenga

Thrivent Action Team

TRINITY COMMUNITY CLINIC – NEW TOWN
Slawson Exploration Company, Inc.

TRINITY HEALTH AUXILIARY
In memory of Donna Peterson
Margaret Hellebust

Mike & Mary Wilkerson

TRINITY HEALTH FOUNDATION FUND
Concorde Staff Source

Dakota Pro Landscape Services LLC
First Western Insurance

Mowbray & Son Plumbing & Heating, Inc.

Roggin Reason, MD

PV Imaging Solutions
Terry Wilkins

Titan Medical Group, LLC

Twin City Filter Service, Inc.

Valleyfair

Verendrye Electric Cooperative, Inc.

Wallace & Mary Berning

Walt Disney World

TRINITY HOMES
In memory of Bob Frantsvog
Karen Krebsbach

TRINITY REGIONAL EYECARE
Otter Tail Power Company Foundation

VERHEY CRITICAL CARE ENDOWMENT
Indra Ary, MD

In memory of Donald Olsen
Jeffrey Verhey, MD & Janelle Verhey

In honor of Jeffrey Verhey, MD & Janelle Verhey
Heidi & Jamie Bender

In memory of Kenneth Olson
Jeffrey Verhey, MD & Janelle Verhey

TRINITY COMMUNITY CLINIC – WESTERN DAKOTA
Oasis Petroleum North America LLC

WILD ABOUT SAFETY
Town & Country Credit Union

Join us on Facebook:
facebook.com/TrinityHealth.ND

Kids at Home During COVID-19

The Coronavirus has caused quite a commotion and disruption to our community and to our world. With this comes added stress for parents and children alike. While we all need to be aware that vigilance with handwashing, covering our cough, and staying home if sick is important, Safe Kids Minot wants to add a few more reminders for parents to think about.

During this time when school is out, childcare centers may be closed, and children are likely spending more time at home. Keeping that environment safe for kids is important. Here are a few reminders to keep homes and environment safe for kids.

• Remind children and adults alike to wash their hands often with hot water and soap or hand sanitizer. If you have a runny nose, toss your tissue in the garbage right away. Self-isolate as much as possible and stay home and away from others if you are sick. If you have COVID-19 symptoms, call 701-857-7817 so you can be screened.

• Every 12 days in the United States, a child dies because they got into medication and were poisoned. In fact, medications are now the number one cause of poisoning in children. Be alert to other dangers these circumstances can create for kids.

• Install baby gates to keep small children and their caregivers may be busy trying to work from home. Be alert to other dangers these circumstances can create for kids.

• Ensure that televisions are mounted to the wall or furniture. Every three weeks in the United States, a child dies from a TV tipping over on them. Make sure all televisions are secure, especially the older style “tube TVs” that are very heavy and often found on furniture with drawers – which can be used as stairs – or ones with shelves children can climb on.

• Put laundry and detergent pods up high and out of reach of kids.

• Ensure that televisions are mounted to the wall or furniture. Every three weeks in the United States, a child dies from a TV tipping over on them. Make sure all televisions are secure, especially the older style “tube TVs” that are very heavy and often found on furniture with drawers – which can be used as stairs – or ones with shelves children can climb on.

• Check the home for small items that kids can choke on, such as coins, paper clips, buttons, small toy parts, etc. If an item will fall through the center of a toilet paper roll, it should not be around kids under the age of three as it is a choking hazard.

• Put items with button batteries up and out of reach of children.

• Ensure that electrical cords are hidden or wound up.

Trinity Health is proud to serve as the lead agency for Safe Kids Minot. For more information, visit www.trinityhealth.org/safekidsminot

HEALTHtalk TRINITY HEALTH 5 • JUNE 2020
www.trinityhealth.org/safekidsminot

for Safe Kids Minot. For more information, visit:

families safe, not just from Coronavirus but from Here are a few reminders to keep homes and

environment safe for kids is important.

During this time when school is out, childcare centers may be closed, and children are likely spending more time at home. Keeping that environment safe for kids is important. Here are a few reminders to keep homes and environment safe for kids.

• Remind children and adults alike to wash their hands often with hot water and soap or hand sanitizer. If you have a runny nose, toss your tissue in the garbage right away. Self-isolate as much as possible and stay home and away from others if you are sick. If you have COVID-19 symptoms, call 701-857-7817 so you can be screened.

• Every 12 days in the United States, a child dies because they got into medication and were poisoned. In fact, medications are now the number one cause of poisoning in children. Be alert to other dangers these circumstances can create for kids.

• Install baby gates to keep small children and their caregivers may be busy trying to work from home. Be alert to other dangers these circumstances can create for kids.

• Ensure that televisions are mounted to the wall or furniture. Every three weeks in the United States, a child dies from a TV tipping over on them. Make sure all televisions are secure, especially the older style “tube TVs” that are very heavy and often found on furniture with drawers – which can be used as stairs – or ones with shelves children can climb on.

• Check the home for small items that kids can choke on, such as coins, paper clips, buttons, small toy parts, etc. If an item will fall through the center of a toilet paper roll, it should not be around kids under the age of three as it is a choking hazard.

• Put items with button batteries up and out of reach of children.

• Ensure that electrical cords are hidden or wound up.

Trinity Health is proud to serve as the lead agency for Safe Kids Minot. For more information, visit www.trinityhealth.org/safekidsminot
Healthy Hearts Club

The Trinity Health Auxiliary Healthy Hearts Club recently held its annual Healthy Hearts Golf Scramble on May 18.

The Trinity Health Auxiliary would like to thank the participants, as well as the following sponsors: BlueCross BlueShield of North Dakota; Dairy Queen/Orange Julius Treat Center, Dakota Square; IRET Properties; JE Dunn Construction; Mowbray & Son, Inc.; Sertoma Club of Minot; SRT Communications, Inc.; TEG Architects; TJE Entertainment; Uncle Maddio’s Pizza, and Western Distributing Co.

Separated by Coronavirus, Couple Celebrate 60th Anniversary

Arnie and Sheri Olander celebrated their 60th wedding anniversary as best they could on April 2.

Arnie has been a resident at Trinity Homes since last fall, due to advancing Alzheimer’s Disease, while Sheri continues to live independently in their home with the help of friends and family.

Part of Sheri’s daily routine is to visit Arnie, but due to the COVID-19 pandemic and the visitation restrictions, she has been unable to and hadn’t seen her husband in three weeks. While Sheri understood the limitations, she missed her husband dearly and wanted to celebrate their diamond anniversary any way she could, including an anniversary cake.

With the help of Trinity Health staff, including Michelle Poole, an LPN with Podiatry, and Lisa Cogdill, a ward secretary at Trinity Homes, this was made possible. Through the large window in the core area on the ground floor, Sheri was able to “visit” with Arnie, as well as share her sentiment with her husband, through the cake and a sign to her AO from his SO.

Sheri said it was the best anniversary ever and is extremely grateful for the thoughtful gesture and excellent care Arnie receives daily.

The COVID-19 pandemic was not going to stop Arnie and Sheri Olander from celebrating their 60th anniversary. Arnie, left, is a resident at Trinity Homes.

Behavioral Health continued from page 3

Telehealth allows providers and patients to communicate via audio or video visits. Patients connect using their computer, smart phone, or tablet. Sys noted that the providers at Health Center – Riverside have seen an increase in the number of new patients.

“We do fully expect it to increase further as the reality of the COVID-19 pandemic starts hitting people,” she added.

That reality can include feelings of anxiety, depression, and isolation, Sys said.

“Many people have lost their jobs. Their businesses are being financially burdened. There may be some relationship issues. The kids are at home full time, which kind of changes the family dynamics a bit.”

She noted that some of these issues are not generally related to the pandemic itself, but times of economic or emotional strain. Either way, there is still “the fear of the unknown,” Sys said. “Nobody knows what’s going to happen with this.”

Providers are still meeting with new patients face-to-face for an initial assessment, at which time the provider can identify the patient’s needs and develop a plan of care with input from the patient. If it is appropriate, Sys noted, the provider will continue to consult with the patient through telehealth. She added that if someone is in crisis and feels like wanting to harm themselves or others, they should call 9-1-1 or report to the emergency room for an assessment to see if they need a higher level of care.

Depending on insurance, a referral from the patient’s general primary care physician may be needed for sessions with a behavioral healthcare provider. Health Center – Riverside is located at 1900 8th Ave SE, Minot. For more information, call 701-857-5998.

Behavioral Health

Shane Jordan

Trinity Hospital Gift Shop
Flowers and Gifts
701-857-5205

Jordan Among the American Cancer Society’s #COVIDHeroes

Shane Jordan, director of the Trinity CancerCare Center, has been named as one of the American Cancer Society’s #COVIDHeroes.

Jordan “moved quickly to ensure patients are given the most up to date, safe, and timely care,” the American Cancer Society ND’s Facebook page stated on May 4. “This included incorporating telemedicine into their routine clinic processes and developing new processes to supply and give safe care to immune compromised patients.”

As Clinical Support Services Director and Operation Chief at Incident Command for Trinity Health, Jordan has “developed the current COVID-19 processes for our cancer patients through much determination and selfless giving of his time and dedication,” the post continued. “Shane is a true COVID-19 hero who deserves recognition for his efforts that are truly protecting the lives of cancer patients and staff at Trinity CancerCare Center.”
Trinity Health Receives Helmsley Charitable Trust Funding for Pandemic-Critical Cardiac Units

The grants were expedited to ensure the devices are to be deployed to medical facilities in North Dakota, South Dakota, Montana, Wyoming, and Nebraska. The units allow for automated, hands-free resuscitation of patients in sudden cardiac arrest as a replacement for manual CPR.

LUCAS systems will remain in place after the pandemic as part of the hospitals’ cardiac system of care. "LUCAS has been a proven, effective tool in saving lives during cardiac arrest, and patients have responded very well," Kendra added. "Many are so amazed that this option is even available and surprised at how seamless it works. For most patients, it provides a safer avenue to care by decreasing their chance of unnecessary exposure, and it reassures them that the Velva Clinic is still here for them, even from afar."

Kendra says she looks forward to the day when patients and providers can get back more normal interactions, even if it is a new normal. ‘In the meantime, the Velva Clinic will do the best we can to keep our patients as healthy and safe as possible, and telehealth allows us to do that.’

FirstCare Walk-In Clinic

During the COVID-19 Pandemic please call 857-7817 to be screened for appointments.

Send a FREE eGreeting!

Even when you can’t visit your family or friends in the hospital, you CAN send a greeting and let them know you’re thinking about them.
Send a gift or some flowers with your message - call the Trinity Hospital Gift Shop at 701-857-5255 and have a special package delivered to the patient room with your eGreeting!
Prepared Childbirth Classes
June 13, July 11, August 8, September 12 and October 10
Learn about exercise and breathing techniques, labor/delivery, and newborn care, and feedings. Enrollment is limited. These classes are held via teleconference. Class participants will be notified.

Breastfeeding Basics
Health Center – Riverside:
June 11, July 9, August 13, September 10, and October 8
These classes are offered free-of-charge as part of Trinity Health’s community benefit mission, but registration is typically required. Sign up for classes, at trinityhealth.org/familybirth_registration

Family Birth Center Tours
Expectant mothers are invited to attend a formal group tour/education/Q&A session at Trinity Hospital’s Family Birth Center. This opportunity allows every expectant mother to hear and see valuable information in a relaxed environment. We will also provide information on self-care, infant safety, and what to expect during your delivery.

Tours of Trinity Hospital’s Family Birth Center are canceled for the foreseeable future.

For the latest updates, check online at trinityhealth.org

Mobile Mammography
June 3 ........................ Trinity Community Clinic – New Town, 627-2990
June 4 ........................ Trinity Community Clinic – Garrison, 463-2626
June 5 ..................... Northland Community Health Center – Turtle Lake, 448-9225
June 8 ...................... Trinity Community Clinic – Velva, 338-2066
June 10 ...................... Northland Community Health Center – Rolette, 246-3391
June 12 ..................... Trinity Community Clinic – Mohall, 756-6841
June 17 ...................... St. Luke’s Hospital – Crosby, 963-6349
June 24 ...................... Tioga Clinic, 664-3386
June 25 ...................... Kenmare Community Hospital, 385-4396

Events
June 20
The sixth annual Lemonade Day will be held in Williston, with Trinity Community Clinic – Western Dakota sponsoring a site. More information can be found at: willistonchamber.com/Programs/Lemonade-Day.

June 20
The Hearts Fun Run will be held, starting with registration at 10:00 a.m. at The Landing, with helmets and belts going on at 12:00 p.m. The cost is $20 per vehicle or bike and $10 per passenger. All proceeds go to support the Cardiac Program at Trinity Health. For more information, call Sherry at 701-857-5221.

Nationally approved, medically accurate training program designed for 11 years old and older. Safe Sitter® teaches adolescent babysitters how to handle crises, how to keep their charges secure, and how to nurture and guide a young child. Safe Sitter® babysitters help children stay safe and sound while their parents are away. In the process, these students 11 years old and older emerge as more confident, responsible, and compassionate teens and adults.

During this one-day course, students learn, practice, role-play — and learn an array of topics including:

- Choking and rescue breathing
- Safety for the sitter
- The business of babysitting
- Accident management
- Child development
- Hands-only CPR

2020 Summer Class Schedule
June 10, 15, 16, 25
July 2, 7, 8, 9, 15, 16, 22, 23
August 5, 6

All classes start at 8:30 a.m.

Students must have a mask or face covering.

Students will be screened prior to class; those who are symptomatic will be rescheduled.