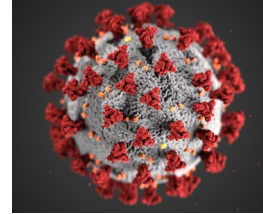


SAFE K:DS MINOT



Coronavirus Communication



The Coronavirus has caused quite a commotion and disruption to our community and to our world. With this comes added stress for parents and kids alike. While we all need to be aware that vigilance with handwashing, covering our cough and staying home if sick is important, we at Safe Kids Minot want to add a few more reminders for parents to think about. During this time when school is out, childcare centers may be closed and kids are likely spending more time at home, keeping that environment a safe one for kids to live and explore is important. Here are a few reminders to keep homes and families safe, not just from Coronavirus but from the leading killer of kids, preventable injuries.



Remind kids and adults alike to wash their hands often with hot water and soap or hand sanitizer. If you have a runny nose, toss your tissue in the garbage right away. Self isolate as much as possible and stay home and away from others if you are sick. If you have Covid-19 symptoms, call **701-857-5000** so you can be screened.



Every 12 days in the United States, a child dies because they got into a medication and were poisoned. In fact, medications are now the #1 cause of poisoning in children. Keep medications UP and OUT of REACH and SIGHT of children. Put the Poison Control Center number in your phone in case you need it. **1-800-222-1222**



During a time when kids are likely to be home more, maybe bored or their caregivers are busy trying to work from home, be alert to other dangers kids can get into.

- ⇒ Put laundry and detergent pods up high and out of reach of kids.
- ⇒ Install baby gates to keep small children in a safe area.
- ⇒ Assure that televisions are mounted to the wall or furniture. Every 3 weeks in the US, a child dies from a TV tipping over on them. Make sure all your tv's are secure, especially the older style "tube TV's" that are very heavy and often found on furniture with drawers (used as stairs) or ones with shelves kids can climb.
- ⇒ Check the home for small items that kids can choke on such as coins, paperclips, buttons, small toy parts, etc. If an item will fall through the center of a toilet paper roll, it should not be around kids under age 3 as it may cause a choking hazard.
- ⇒ Put items with button batteries up and out of reach of children.
- ⇒ Assure that electrical cords are hidden or wound up.



These tips are brought to you by Safe Kids Minot. Trinity Health is proud to serve as the lead agency for Safe Kids Minot. For more information, contact Amber Emerson, Safe Kids Minot Coordinator, at 701-857-7300 or amber.emerson@trinityhealth.org.