Handwashing Helps

Handwashing is the single most important thing you can do to prevent illness. This is what Sue Niebuhr, RN, coordinator of Trinity Health’s Infection Prevention and Control Department believes. “Not only is it important for your health and protections, but for the protection of the people around you,” she added.

Niebuhr noted that 80 percent of communicable diseases are transferred by touch, hence the importance of handwashing. “Most bacteria on our hands are on our fingertips and under our nails,” she said.

According to the Centers for Disease Control and Prevention (CDC), you should wash your hands often with soap and water for at least 20 seconds, especially after you’ve been in a public place, after blowing your nose, coughing, or sneezing. You should also avoid touching “the t-zone” – your eyes, nose, and mouth – with unwashed hands, Niebuhr advised.

The North Dakota Department of Health also recommends handwashing at the following times:

- Before, during, and after preparing food
- Before eating food
- Before and after caring for someone who is sick
- Before and after treating a cut or wound
- After using the toilet

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continued on page 2
certified athletic trainers are healthcare professionals who practice in collaboration with physicians and other health team members to safeguard the health of physically active individuals and sports participants throughout all stages of life. the certified athletic trainers of Trinity Health Sports Medicine have a minimum of a bachelor’s degree and are certified by the Board of Certification of Athletic Trainers. Athletic trainers also are licensed by the North Dakota Board of Athletic Trainers. Athletic trainers also are licensed by the Board of Certification of Athletic Trainers. Trinity Health’s Sports Medicine team also receives specialized education related to managing the wide range of medical conditions. “It’s given our service a depth of knowledge and experience that is indispensable to the field." Gust, who serves as manager, says such longevity is a plus when you’re out on the field.

Thankfully, that hasn’t deterred Trinity Health’s most experienced athletic trainers from sticking with their successful careers. Certified Athletic Trainers Kevin Melby, Barb Nesheim, and Robyn Gust recently celebrated 25, 21, and 20 years respectively with Trinity Health Sports Medicine. Gust, who serves as manager, said its longevity is a plus when you’re out on the field.

“The coaches, athletes, and parents trust us.”

“The hours.” That’s because athletic trainers are known for their grueling schedules.

Ask an athletic trainer what is the best part of their job and they’ll jokingly say, “The hours.” That’s because athletic trainers are known for their grueling schedules.

Certified Athletic Trainers Kevin Melby, Barb Nesheim, and Robyn Gust have a combined 61 years’ worth of experience.

Visit our website at trinityhealth.org

Visit our website at trinityhealth.org

Handwashing continued from page 1

• After changing diapers or cleaning up a child who has used the toilet
• After touching an animal, animal feed, or animal waste
• After handling pet food or pet treats
• After touching garbage

For proper handwashing, wet your hands, apply soap, and scrub your hands (including the nails) up to the wrists for 20 seconds before rinsing. “That whole process should take 45 seconds to one minute, from start to finish,” Niebuhr said, suggesting that singing “Happy Birthday” twice would help keep track of the time.

In between soap and handwashing, she also suggested escalating hand hygiene with the use of alcohol-based hand rubs as an added layer of protection.

“You apply the product, rub your hands together, including the nails – are wet, and rub your hands together until it’s dry,” she said. "When I was done with radiation, I felt kind of sad," Dee Dee said. "I could not have had them if it hadn’t been for all of them, along with the staff in the cancer center. Every one of them are unbelievable. They all have a very special place in my heart."
Renae Lenertz Promoted to CHRO/VP Human Resources

Trinity Health is pleased to announce that Renae Lenertz has been promoted to the position of Chief Human Resources Officer/VP of Human Resources.

Lenertz has served as Trinity’s Director of Human Resources for the past 21 years. As CHRO/VP, she’ll play an expanded role in developing HR strategies that align with Trinity Health’s mission. She’ll also provide leadership for the organization’s greatest asset, its 2,900 associates.

“The position of CHRO/VP of Human Resources is central to our strategy to recruit exceptional talent while maintaining our position as a great place to work,” said Trinity Health President and CEO John M. Kutch. “I’m confident in Renae’s ability to address our future HR needs on an organization-wide basis.”

During her tenure as HR Director, Lenertz was responsible for the daily operations of the Human Resources, Workers Compensation, and Employee Health departments, and she oversaw the activities of Employee Relations, Talent Management and Acquisition, and Compensation and Benefits. She is a member of numerous committees and served as a GEMBA Coach, a program emphasizing the principles of Lean Management.

A North Dakota native and longtime Minot resident, Lenertz has many years of experience in managing successful teams. Prior to her career in healthcare and human resources, she spent 10 years in retail management, serving as a regional clothing/fashion buyer for five retail stores.

She is a member of the Minot/Bismarck Human Resources Association, Society for Human Resource Management, and the Minot Area Chamber of Commerce.

“I am grateful and honored to be given this opportunity to serve as Trinity’s CHRO/VP of Human Resources. I am very thankful for this next step in my career and excited for this new challenge”, added Lenertz. “I look forward to continuing work with such a dedicated team all working toward the same mission and vision. Trinity Health is truly a great place to work!”

She is married to Dean Lenertz and together they have one daughter, Brittany.

Mattern Named Director of KeyCare Medical

Trinity Health is pleased to announce that Bonnie Mattern, a healthcare executive with more than 20 years of management experience, has been named Director of KeyCare Medical.

As director, Mattern is responsible for administering all aspects of Trinity’s durable medical equipment (DME) outlet, which includes managing product and service lines and providing leadership for KeyCare’s team of DME professionals.

A Rugby native, Mattern earned a bachelor’s degree in Business Administration from the University of Mary, Bismarck. She was associated with Heart of America Johnson Clinic for 18 years, serving as director of human resources for 12 years and five years as clinic administrator. In 2015, she joined CHI St. Alexius Health Devils Lake Hospital, where she served as HR director before joining Trinity Health.

With two grown daughters and a grandchild, Mattern enjoys reading, exercise, outdoor activities, and spending time with family.

KeyCare Medical, located at 530 20th Avenue SW, with a satellite showroom at Health Center – Medical Arts, provides a full range of durable medical products, including home medical equipment, respiratory care services, C-pap services, orthotics and prosthetics, orthopedic equipment, halos, lift chairs, helmets for babies, diabetic shoes, and an assortment of Jobe socks for vein support.

Bonnie Mattern
Director of KeyCare Medical

Renae Lenertz
CHRO/VP Human Resources

Bonnie Mattern
Director of KeyCare Medical

KeyCare Medical
Durable Medical Equipment (DME)
Home Medical Equipment
Home Respiratory Care
Custom Orthotics/Prosthetics
Women’s Health Products
CPAP Sleep Apnea Aids

KeyCare Medical
701-857-7370
800-598-1207

Main Showroom
530 20th Ave SW
Monday-Friday 8:30 a.m.-5:00 p.m.

Satellite Showroom
Health Center – Medical Arts
Monday-Friday 9:00 a.m.-8:00 p.m.

24 Hour-On-Call Respiratory Service

Heather Talk
Trinity Health
3 APRIL 2020

HEALTH TALK TRINITY HEALTH

Flowers and Gifts
701-857-5205

KeyCare Medical

3D mammogram today. Enjoy more tomorrows.

Schedule yours. Call 701-857-3640.

One woman in eight will be diagnosed with breast cancer in her lifetime. At Trinity Health, we’re making more possible to ensure women are aware. Our 3D mammography screenings are the very latest in detecting cancer earlier while delivering a more comfortable experience. We want every family to be healthy and happy, but having a mammogram can save your life.

To schedule your 3D mammogram, call 701-857-2949. Learn more at TrinityHealth.org/screening.

TRINITY HEALTH
Knitted Knockers
An Alternative After Mastectomy

“Knitted Knockers” is a phrase that has been around for a while, but it was Rhoda Hagen who decided to make them a reality. Rhoda, a knitting enthusiast, was inspired by an article she read in a knitting magazine about Knitted Knockers, handmade prostheses for breast cancer survivors.

Rhoda Hagen, a knitting enthusiast, and Amy Lenertz, owner of The Yarn Stash, have teamed up with Trinity CancerCare Center to form an official chapter of Knitted Knockers.

Knitted Knockers are custom made for breast cancer survivors and are available at Trinity CancerCare Center and The Yarn Stash.

Rhoda Hagen (left) and Amy Lenertz display a sample of their handmade creations, Knitted Knockers. The knitted breast prostheses are custom made for breast cancer survivors and are available at Trinity CancerCare Center and The Yarn Stash.

Knitted Knockers are non-surgical prostheses that can be worn under a regular bra. They are made from soft, stretchy material and can be trimmed to fit any breast size. They are designed to help women feel confident and comfortable after a mastectomy.

Rhoda and Amy started knitting these prostheses to help patients feel more comfortable. “I was inspired by the story of Cassandra Hempl, a breast cancer survivor who was unable to wear a regular bra after her mastectomy. She found Knitted Knockers and was able to wear them under her clothes,” Rhoda said.

Knitted Knockers are made from a variety of materials, including cotton, wool, and synthetic blends. They can be customized to fit any patient’s needs and preferences.

Knitted Knockers are available at no cost to patients at the Trinity CancerCare Center and at The Yarn Stash. They are also available for purchase at The Yarn Stash.

To get involved, patients can contact Trinity CancerCare Center or The Yarn Stash to order Knitted Knockers. They can be crafted with or without a nipple, whichever is preferred by the patient.

Rhoda and Amy are always looking for volunteer knitters to help create more Knitted Knockers. “If you’re interested in helping, please contact us. We would love to have more volunteer knitters join our team,” Rhoda said.

Through TeleSitter, staff are able to monitor several patients at the same time, helping to reduce falls. TeleSitter is a mobile video monitoring program that consists of technology and devices that allow trained staff to observe and interact with high-risk patients.

“TeleSitter allows us to monitor patients who may be at risk for falling. We can see if they are moving, if they are sleeping, if they are sitting up, or if they are laying down,” said Chad Geisinger, RN, Director of Clinical Improvement with Clinical Excellence and Patient Safety. “If they are, steps are taken, including non-slip socks and other safeguards in a patient’s room.”

TeleSitter helps reduce falls by allowing staff to intervene if a patient is at risk for falling. “TeleSitter has been implemented at Trinity Health in the summer of 2017. The mobile video monitoring program consists of technology and devices that allow trained staff to observe and interact with high-risk patients. Once a patient is assessed to be at risk for falls, a decision is made to utilize a TeleSitter. While TeleSitter doesn’t replace the safeguards implemented in a patient’s room, it adds to it by enabling hospital staff to have more effective resources available.”

The implementation of TeleSitter is among several actions taken by Trinity Health to promote a culture of safety within the hospital and clinics. Each TeleSitter unit consists of a portable cart with two-way audio and a camera that pans, tilts, and zooms to monitor an entire patient room. A TeleSitter tech can observe multiple patients from a central station and can intervene by using the two-way audio to speak with the patient in the room.

TeleSitter not only helps to prevent falls, but also assists in the patient’s overall safety, such as if the patient removes a mask or pulls on IVs, they can be monitored by staff.

To learn more about TeleSitter and how it helps reduce falls, visit Trinity Health’s website or contact the hospital.

DAISY Award Recipients
Hencyvendra Banara, RN
Mercybrenda Barasa, RN
Kathryne Breden, RN

Through Trinity Health TeleSitter, staff are able to monitor several patients at the same time, helping to reduce falls.
Learning Through Play

Therapy Association has provided “TIPS” for Learning Through Play.

1. Play is an important tool in the development and growth of children. It helps them to learn, play, and explore the world around them.

2. During sensory play, children use their senses to incorporate smell, touch, sound, vision, and movement.

3. Toy and play materials should provide the “just right” challenge that provide the “just right” challenge for the child.

4. Occupational therapists have expertise in evaluating children’s neurological, muscular, and emotional development, and in determining the effects of illness on growth and development.

What Can Parents and Families Do?

1. Encourage sensory rich play using balls, sand and water toys, slides, swings, finger paints, and magnets.

2. During sensory play, children use their senses to incorporate smell, touch, sound, vision, and movement.

3. Encourage manipulative play, such as using play dough, LEGOs, and board games. Toys such as puzzles, play, it is convenient to allow our world that continues to boast screen and limitations that a child is having an assessment could pull out reasons why children may be a need for further assessment. An assessment could pull out reasons why children cannot be clearly classified as being caused by alcohol addiction and therefore serve as markers of a far larger public health problem.”

In addition, excessive alcohol use can increase a person’s risk of stroke, liver cirrhosis, alcoholic hepatitis, cancer, and other serious health conditions, the Substance Abuse and Mental Health Services Administration and women. “Alcohol-induced deaths include the subset of alcohol-related deaths that are certain to be caused by drinking alcohol and therefore serve as indicators of the far larger spectrum of deaths, including traffic collisions and cancer, that often cannot be clearly classified as being caused by alcohol,” the report said. “Rates of alcohol-induced deaths are consequence markers of a far larger public health problem.”

The first step in the healing process is an evaluation. A licensed addiction counselor will assist in developing a comprehensive treatment plan that meets their individual needs.

Trinity Health Addiction Services follows a holistic approach to recovery. Treatment is individualized to provide the “just right” challenge for the child.

What Can an Occupational Therapy Practitioner Do?

1. Recommend toys and modify the child’s age and/or maturity level. They do not have to be expensive or complicated to be beneficial.

2. Promote imaginative or pretend play, such as using play dough, LEGOs, and board games. Toys such as puzzles, play, it is convenient to allow our world that continues to boast screen and limitations that a child is having an assessment could pull out reasons why children may be a need for further assessment. An assessment could pull out reasons why children cannot be clearly classified as being caused by alcohol addiction and therefore serve as markers of a far larger public health problem.”

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Autism, or autism spectrum disorder (ASD), refers to a broad range of conditions characterized by challenges with social skills, repetitive behaviors, speech, and nonverbal communication. Autism is classified on a spectrum, meaning each person with autism has a diverse set of strengths and challenges. Some people with ASD may require significant support in their daily lives, while others may need less support and, in some cases, live entirely independently.

Several factors may influence the development of autism, and it is often accompanied by sensory sensitivities; medical issues, such as gastrointestinal (GI) disorder; seizures or sleep disorders; and/or mental health challenges, such as anxiety, depression, and attention issues. Indicators of autism usually appear by age two or three.

According to Autism Speaks, an advocacy group for individuals with autism and their families, the following may indicate your child is at risk for an autism spectrum disorder:

**By six months**
- Few or no big smiles or other warm, joyful and engaging expressions
- Limited or no eye contact

**By nine months**
- Little or no back-and-forth sharing of sounds, smiles, or other facial expressions

**By 12 months**
- Little or no babbling, back-and-forth gestures such as pointing, showing, reaching or waving, or no response to name

**By 16 months**
- Very few or no words

**By 24 months**
- Very few or no meaningful, two-word phrases (not including imitating or repeating)

**At any age**
- Loss of previously acquired speech, babbling, or social skills
- Avoidance of eye contact
- Persistent preference for solitude
- Difficulty understanding other people’s feelings
- Delayed language development
- Persistent repetition of words or phrases (echolalia)
- Resistance to minor changes in routine or surroundings
- Restricted interests
- Repetitive behaviors (flapping, rocking, spinning, etc.)
- Unusual and intense reactions to sounds, smells, tastes, textures, lights, and/or colors

There is no medical cure for autism, however there are many valuable treatment options that are effective for treating some of the symptoms of autism and are more effective the earlier in the child’s life they are implemented.

Trinity Health offers pediatric speech therapy, occupational therapy, and physical therapy services to address concern areas often displayed by children with autism. For further information regarding therapies provided through Trinity Health, call 701-857-5286.

Employee Honored for Years of Service

Cheryl Nitsch, LPN, with FirstCare and Family Medicine, and Judith Gullickson, Trinity Health Foundation Facilities Manager, recently celebrated 45 years of service with Trinity Health. They were honored by Renae Lenertz, center, Chief Human Resources Officer/VP of Human Resources, and others. Sandy Getzlaff, CNA, Trinity Homes, not pictured, also celebrated 45 years of service.

Eat Healthy This Easter

The Dietary Guidelines encourage Americans to adopt a healthy eating style. To help consumers make better choices, the U.S. Department of Agriculture (USDA) has developed a guide called MyPlate. It encourages you to focus on a variety of foods from all five food groups, limiting your serving sizes, and focusing on the nutritional value of foods. We are encouraged to choose foods and beverages with less saturated fat, sodium, and added sugars. MyPlate recommends that half of our plate be fruits and vegetables, focusing on whole fruits and a variety of vegetables, eating more whole grain foods, eating low fat dairy foods, having a variety of both animal- and plant-based proteins, and using a variety of spices instead of salt to flavor foods.

Holiday meals often include mostly high fat, high sodium, and sugary foods. Here are some ways to plan a healthier Easter meal this year. Instead of ham
**Easter** continued from page 6

**Fresh Green Bean Casserole**
A slimmed-down white sauce makes this creamy green bean casserole side dish recipe low fat.

By Diabetic Living Magazine

**Ingredients**
- 1 ½ pounds fresh green beans, trimmed
- 2 tablespoons butter
- 3 tablespoons all-purpose flour
- ½ teaspoon salt
- 1 cup fat-free milk
- 3 tablespoons all-purpose flour
- 2 tablespoons butter
- 3 tablespoons canola oil
- 2 large onions, halved and sliced (2 cups)
- 4 cloves garlic, minced
- 1 ½ cups sliced fresh mushrooms
- 1 cup soft whole wheat or white bread crumbs

**Directions**
Preheat oven to 375 degrees F. In a large saucepan, cook green beans in lightly salted boiling water for 8 minutes, drain and place in a 2-quart rectangular baking dish; set aside.

In a medium saucepan heat butter over medium heat. Stir 3 cups flour, add 1 cup milk and cook over medium heat until thickened and bubbly; remove from heat.

In a large skillet heat oil over medium heat. Add onions and garlic; cook and stir for 5 minutes or until tender and starting to brown. Remove 1/2 cup of the onion mixture; set aside.

Add mushrooms to skillet and cook about 5 minutes or until tender. Stir into sauce mixture. Pour over beans in dish; toss with tongs to coat.

In a small bowl, stir together reserved onion mixture and bread crumbs. Sprinkle bread crumb mixture over bean mixture in casserole.

**Sponsorship Opportunities**

<table>
<thead>
<tr>
<th>Description</th>
<th>Building Hope Golf Tournament</th>
<th>Golf for Life Men’s Tournament</th>
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<tbody>
<tr>
<td>T-Shirt</td>
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<tr>
<td>Sand Trap</td>
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**Annual Golf Tournaments Benefit CancerCare Center Patients**

The Trinity Health Foundation, in partnership with MIDCDO, will host its 23rd annual Building Hope Women’s Golf Tournament on Monday, June 15.

The Building Hope Women’s Golf Tournament, as well as the Golf for Life Men’s Golf Tournament (the 8th annual event will occur on August 17), helps to generate funds to improve the lives of Trinity Health CancerCare Center patients.

In 2019, more than $595,000 was raised between the two tournaments for the CancerCare Patient Assistance Fund. The fund provides direct financial support, as well as in-kind gifts such as gas cards, wigs, and compression garments. The fund also underwrites therapeutic programs such as yoga, art therapy, and writing therapy.

“I appreciate your kindness and caring for the most generous gifts I received after having breast surgery and then radiation treatments at the CancerCare Center,” said one appreciative patient in a letter to the Foundation. “Thank you so much for the coupon for a tank of gas, a gift card from Walmart, and a personal check to help with expenses. What you did meant so much to me as I am on a fixed income and every bit helps. All the doctors, nurses, and social worker Cassandra, were so nice and helpful.”

Area businesses are invited to be a part of these annual tournaments by becoming a sponsor, making a donation to the CancerCare Patient Assistance Fund, or by making an in-kind donation that can be used as a raffle item or an event prize.

The Trinity Health Foundation would like to thank Town & Country Shopping Center, who has already committed to sponsor the Building Hope Golf tournament as a Bag Tag sponsor.

The following sponsorship opportunities are still available for both the Building Hope and Golf for Life tournaments: the t-shirt, hat, water bottle, towel, range ball, golf tee, green and tee, fairway, and sand trap. The Bag Tag is still available for sponsorship for the Golf for Life tournament.

Whether you play in the tournament, sponsor a hole, or simply make a donation, you make a definite and immediate impact.

For more information, or if you have any questions, feel free to contact the Foundation office at 701-857-5432 or 701-857-2439, or e-mail albert.evon@trinityhealth.org or cody.mcmanigal@trinityhealth.org.

Let our staff help you select a healthcare provider right for you.

Please feel free to leave a message after hours and your call will be returned the next regular business day, or email us anytime at DR4U@trinityhealth.org.
Roasted Root Vegetables

Ingredients
• 4 root vegetables (choose a variety from potatoes,rutabagas,turnips,parsnips,beets,sweet potatoes,etc.) /medium
• 2 carrot (chopped)
• 1 onion (medium, chopped)
• ¾ cup vegetable oil
• 3 tablespoon Parmesan cheese

Directions
1. Preheat oven to 350 degrees F.
2. Cut vegetables into large chunks.
3. Place in a medium bowl and pour oil over top. Add seasonings or Parmesan and mix well.
4. Spread an even layer on a baking sheet.
5. Bake for 1 hour or until tender. Check a few vegetables to see if they are tender.

Nutrition Information

Source: Montana State University Extension Service, Montana Extension Nutrition Education Program

Nutrition Facts

Serving size ¼ recipe
Calories: 323;  Protein: 6gms;  Fat: 15gms;  Sodium: 87mg;  Carbohydrates: 43gms

Ingredients

- B&B Northwest Pharmacy 701-838-2213
- KeyCare Pharmacy 701-857-7900

Mobile Mammogram Schedule
April 14 ............................................Kenmare Community Hospital, 385-4296
April 20 .............................................CHI Clinic – Devils Lake, 662-8662
April 21 .............................................St. Luke’s Hospital – Crosby, 965-6349
April 22 .............................................Trinity Community Clinic – Velva, 338-2066
April 24 .............................................Tioga Clinic, 664-3368

For the latest updates, check online at trinityhealth.org/CALENDAR

Events may be postponed or cancelled, due to the Coronavirus.
Please watch our calendar at trinityhealth.org/events for up-to-date calendar changes.

Prepared Childbirth Classes
Learn about exercise and breathing techniques, labor/delivery, and newborn care, and feedings. Enrollment is limited.

SATURDAYS:
April 11, May 9, June 13, July 11, and August 8
9:00 a.m. to 4:00 p.m., in the Prepared Childbirth Classroom, Health Center – Riverside Education Center, 1900 8th Ave SE, Minot.

April 9, May 14, June 11, July 9, and August 13
Offered by Lauren Klein, RN, BSN. Meets from 6:00 to 8:00 p.m., Health Center – Riverside Education Center, 1900 8th Ave SE, Minot.

For the time being, Breastfeeding Basics classes are canceled.

These classes are offered free-of-charge as part of Trinity Health’s community benefit mission, but registration is typically required. Sign up for classes, at trinityhealth.org/familybirth_registration

Breastfeeding Basics
Iron, calcium, and vitamin D supplements are recommended.

Learn about exercise and breathing techniques, labor/delivery, and newborn care, and feedings. Enrollment is limited.

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Family Birth Center Tours
Expectant mothers are invited to attend a formal group tour/education/Q&A session at Trinity Hospital’s Family Birth Center.

These opportunities allow every expectant mother to hear and see valuable information in a relaxed environment. We will also provide information on self-care, infant safety, and what to expect during your delivery. Tours of the Family Birth Center are also available every Sunday at 2:30 p.m. and Tuesdays at 7:30 p.m. If you are interested in taking a tour, come to the Family Birth Center on those days/times.

Postponed
The 6th annual Hospice and Palliative Medicine Symposium scheduled for April 30, 2020, has been postponed. This decision is in conjunction with Trinity Health’s current response to COVID-19 and the CDC’s recommendations to not have large gatherings of people.

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for the child, so he or she learns while having fun. The occupational therapy practitioner can also recommend ways to build on the child’s strengths and abilities.
• Offer play opportunities that encourage turn taking and problem solving. Consider family routines and priorities when recommending play strategies. Observe, identify, and develop play strategies that promote a healthy lifestyle and relationships.
• Suggest toys that will help the child develop particular skills, while having fun. Recommend ways for family members to be more involved in the child’s play. Suggest toys and play activities for children of all abilities and ages. Collaborate with educators and caregivers to enhance playtime at home, during recess at school, and during community outings.
• Help determine what toys will be safe, developmentally appropriate, and fun for a particular child, based on an evaluation and in consideration of the child’s and family’s needs and goals.

Trinity Health’s Occupational Therapists provide pediatric assessments, evaluations, and treatment. They are Samantha Steiner, MOT, OTR/L; Chelsey Reiter, MOT, OTR/L, NTMC; and Krystal Buttgeiret, MOT, OTR/L. A referral from a provider is needed.

For more information, visit: www.trinityhealth.org/occupational-therapy.