

## Information Regarding Anesthesia or Sedation for Endoscopy Procedures (Upper GI Endoscopy or Lower GI Endoscopy)

Thank you for choosing Trinity Health Gastroenterology Department for your procedure. Upon your arrival and check in, you will be asked to choose the type of sedation you would prefer to receive.

The level of sedation or "sleepiness" and pain medicine required to perform the procedures is different for everyone. The type of sedation / anesthesia that you choose is completely your decision.

There are 3 Sedation / Anesthesia choices available for you:

### 1. No Sedation:

- ❖ No sedation will be administered and you will be awake for your entire procedure.

### 2. Procedural (Moderate') Sedation:

- ❖ This type of sedation is administered by a trained Registered Nurse under the direct supervision of the Physician performing the procedure.
- ❖ Anti-anxiety and pain medications are given intravenously to achieve a moderate level of sedation (sleepiness) / analgesia (pain relief) during the procedure.

### 3. Monitored Anesthesia Care (MAC or Deep Sedation):

- ❖ This type is a deeper level of sedation / anesthesia administered by a trained anesthesia provider, CRNA.
- ❖ This is **not** a general anesthetic so you will not be completely "asleep" for the procedure.
- ❖ The medications administered intravenously by the CRNA during the procedure, typically leave you feeling less "groggy" after the procedure. A CRNA will visit with you prior to your procedure and perform an assessment.

As Trinity Health providers, we recommend the third choice, **Monitored Anesthesia Care (MAC or Deep Sedation)**, as the best option for the following reasons:

- There is a deeper level of sedation and comfort for the patient.
- Patients wake up faster.
- Patients report a "clear mind" feeling sooner than with moderate sedation.
- A trained anesthesia provider (CRNA) is present throughout the process.

Not all insurance carriers will cover the cost of MAC anesthesia, especially if you do not meet their "medical necessity" criteria. It is important for you to check with your insurance company before your scheduled procedure date to understand your insurance plan's terms.

If you do not meet the criteria for "medical necessity", but would like to proceed with MAC anesthesia anyway, you will be asked to sign a form accepting responsibility for the charges incurred for this type of sedation /anesthesia not covered by your insurance.

Your insurance company may ask for a CPT code for your scheduled procedure.

Here are the CPT codes that they may be ask for:

- CPT Code for MAC anesthesia during Lower Endoscopy 00810
- CPT Code for MAC anesthesia during Upper Endoscopy 00740

If you are **Active Duty Military**, and you wish to receive MAC anesthesia, you will need to have MAC anesthesia authorized by your primary care manager before you come for your appointment.

Thank you for choosing Trinity Health's Gastroenterology services for your procedure and  
We look forward to meeting you and being a part of your care team.

Dr. Edmundo Justino and Dr. Rukshana Cader