

WELCOME TO NURSE MIDWIFERY SERVICES

Whether you come to see us because you are expecting a baby or because you have other health-related concerns, we want you to know we focus on wellness and patient choice. We encourage you to be an active participant in your care.

We also commit ourselves to giving you personalized care and the time you need to become informed and have your questions answered.

If you are expecting a baby, we are glad you have chosen to have your baby with a nurse midwife. We want you to have a meaningful, positive experience during this exciting time in your life. We encourage your involvement, and allow you to make choices about how you want to have your baby, within the realm of safety.

We will provide you with information about your pregnancy, nutrition and exercise, and your baby. Whenever you have questions, write them down and remember to ask us at your next visit.

One of us will see you at your first appointment. For the rest of your appointments, you may be seen by another nurse midwife. When you have your baby, the nurse midwife on call will assist you.

If you have an emergency after clinic hours, call 857-5000 and have the operator page the nurse midwife on call.

IS THERE A COST DIFFERENCE?

Fees for CNMs are typically comparable, or less, to those of physicians. Insurance companies usually cover midwifery fees.

HOW CAN I FIND OUT MORE OR SCHEDULE AN APPOINTMENT?

For more information or to schedule an appointment with a Nurse Midwife, call 857-7385.

Trust in Birth

Trust in Nurse Midwives!



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CERTIFIED NURSE MIDWIFERY & WELL WOMEN CARE

Philosophy

Every childbearing family has the right to a safe, satisfying experience with respect for human dignity and worth; for variety in cultural forms and for parents' right to self-determination."

— American College of
Nurse Midwives



WHAT IS A CERTIFIED NURSE MIDWIFE?

A Certified Nurse-Midwife (CNM) is a professional trained in both disciplines of nursing and of midwifery. CNMs must have graduated from an accredited midwifery program and meet the certification requirements of the American College of Nurse-Midwives.

WHAT DOES A CNM DO?

Certified nurse midwives care for healthy women throughout their life cycles, including pregnancy.

OBSTETRICS SERVICE

PRENATAL AND POSTNATAL CARE

- Individual, family centered, wellness focused
- Education and care for all aspects of changes related to this time of life
- Appointments scheduled to allow ample time to discuss questions and concerns

LABOR AND BIRTH

- Hospital setting
- Minimal intervention in the natural process
- Patient involvement in decisions concerning medication, episiotomy, birthing positions, etc.

GYNECOLOGY SERVICE

- Annual exams and cancer screening
- Birth control methods and counseling
- Menopausal counseling and treatment
- Gynecological problems such as infections and irregular periods
- General health education
- Referral to surgeon or other providers if surgery necessary

REFERRAL AND COLLABORATION

The CNM facilitates the natural labor and delivery process. A CNM ensures the couple's birth plans are implemented to personalize the birth of their child. If the course of labor encounters complications, the CNM and a physician will work together to provide the best care for the patient.

**Health Center – Medical Arts
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857-7385

TRINITY MEDICAL GROUP CERTIFIED NURSE MIDWIVES

GLORIA BERG

Gloria Berg, a certified nurse midwife, has a master's degree in nursing from Case Western Reserve University in Cleveland, OH, and nurse midwifery credentials from the Frontier School of Midwifery and Family Nursing at Hyden, KY. She is certified through the American College of Nurse Midwives. Gloria has worked labor and delivery and has been providing care to women in Minot since 1982. Her care has come full circle as she is now caring for women she helped deliver years ago.



WENDY FLANSBURG

A certified nurse midwife, Wendy Flansburg, CNM, received her Master of Science in Nursing (MSN) from Case Western Reserve University in Cleveland with a certificate in Nurse Midwifery from Frontier School of Nurse Midwifery and Family Nursing, Hyden, KY. She worked as a labor and delivery nurse for 10 years and later provided nurse midwifery services to patients in the Great Falls, MT area. Her areas of interest are adolescence, pregnancy and care throughout the lifespan.

