

*Nationally approved, medically accurate training program  
designed for 11-13 year olds.*



BETTER SITTERS TODAY. . .  
BETTER PARENTS TOMORROW.

Safe Sitter® teaches adolescent babysitters how to handle crises, how to keep their charges secure, and how to nurture and guide a young child. Safe Sitter® babysitters help children stay safe and sound while their parents are away. In the process, these 11 to 13 year olds emerge as more confident, responsible and compassionate teens and adults.

During the two day course, students listen, practice, role-play — and learn an array of topics including:

- Choking and rescue breathing
- Safety for the sitter
- The business of babysitting
- Accident management
- Child development

### *2009 Summer Class Schedule*

June 10 & 11

July 15 & 16

August 12 & 13

June 18 & 19

August 20 & 21

All classes are held 8:30 am to 3:00 pm

Trinity's Health Center – Riverside, Education Center, 1900 8th Avenue SE

Due to the high demand for this class, the course fee of \$40 must be paid in advance. Please register by calling the Trinity Health Community Education Department at 857-5099 and then mail your check (payable to Trinity Health) to Trinity Health Community Education, P.O. Box 5020, Minot, ND 58702. Payment must be received in advance to confirm your participation in the course.

*Everything We Do Is Because Of You*

